**Christa Naihe**

**Objective** To utilize my compassion, knowledge and experience in the physical, psychosocial and​ psychological needs of patients to work as a registered nurse while strengthening my skills, maintaining my standards in medical treatment and helping patients and families experience comfort and quality with their health needs.

# Education

* **Associate’s Degree in Nursing *Graduated 5/2020***
* Lonestar Community College ADN Program *(2001-2003) & (2017-2020)*
* **General Studies** Utah Valley State College (1998-2000)
* **High School Diploma** Humble High School, *(1994-1998)*​

# Work Chronology and Experience

**Med-Surg Neuro Patient Care Tech (PCT)** 06/2019 – Present Memorial Hermann Humble, TX

* Assist Registered Nurses and medical staff in providing all aspects of direct and indirect patient care professionally while maintaining a cohesive and respectful workflow.
* Prioritize patient needs and time manage to complete all tasks.
* Attach patient to 12 lead and 5 lead EKG
* Use interpersonal skills while communicating with the patient and their family, calm anxiety, and report to the nurse and medical staff any pertinent information.
* Monitor and record patient daily activities; understand the baseline and communicate any concerning neuro/behavior changes to a nurse, physical therapist, and/or physician.

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| *4401 Rutgers Way* | *808-384-2053* |
| *Sacramento, CA 95821* | *cnaihe@gmail.com* |

* Follow all HIPAA confidential regulations and organization, state, and federally mandated medical standards.
* Assist the nurse through rapid response, seizing patients, and calming agitated patients.
* Monitor patient vital signs and record weight, blood pressure, temperature, glucose and pulse, and report any concerns to the nurse.
* Monitor, use and disinfect all medical equipment according to patient requirements.
* Assist the nurse in examination and treatment of patients, collecting samples and recording information on patients’ charts.
* Assist the nurse with wound care and changing bandage dressing.
* Ensure patients are comfortable in bed; adjust bed settings and/or reposition/turn patient as needed.
* Ensure patients are getting enough food and fluids, assist in feeding when necessary and chart I/Os
* Change patient bed linens and provide new bedding, blankets, and pillows.

**Manager** *03/2017 – 06/2019* Waikiki Grill Humble, TX

**Natural Health Educator & Sales** *10/2012 – Present* Doterra HI & TX

* Manage all aspects of personal business ownership and develop strong relationships with clients.
* Teach natural healing techniques to medical professionals & clients to determine the best solution to fit their ever-changing needs.

**Chiropractic Assistant**  *08/2001 – 07/2005* Workman Chiropractic TX

* Assisted the doctor, worked directly with patients, recorded pain level and noted limitations.
* Assisted in preparation of lab and equipment for x-ray technician.
* Developed x-ray film for the chiropractic office.
* Performed basic physical therapy treatments using the TENS Unit with heat or ice.
* Provided direct customer service to patients, including managing appointments, patient care resolving complaints & generating referrals.
* Interviewed new patients and documented personal medical history
* Managed patient intake, insurance verification, payment services, receivables & office calendar.

**Trainings/Certifications** RN License, Basic Life Support BLS certified, IV certified, First Aid, Psych Sitter Certified, CNA Training, Cerner Training, 12 Lead EKG Training